

# Cybersecurity Awareness Month 2025

Week 2: The Four Essentials



**65% of manufacturing organizations experienced ransomware attacks in 2024**

## 4 EASY THINGS TO DO

### Phishing Awareness

- **Recognize the Signs:** Look for poor writing, generic greetings, or mismatched email addresses (e.g., "paypal.com"). Offers that seem too good to be true or use alarming language are red flags.
- **Resist & Spot:** Verify the authenticity of emails before clicking links or attachments. If suspicious, don't engage.
- **Report & Delete:** Use your email platform to report phishing and notify your IT department. Delete suspicious messages immediately.

### Multi-Factor Authentication (MFA)

#### How?

- **Something You Know:** Security questions.
- **Something You Have:** Apps generating codes, text messages, or hardware tokens.
- **Something You Are:** Biometric verification.

#### Why?

- Reduces unauthorized access.
- Protects sensitive information.
- Provides peace of mind with multiple safeguards.

### Strengthening Passwords

- **Length:** At least 16 characters.
- **Randomness:** Use a mix of letters, numbers, and symbols.
- **Uniqueness:** Different password for every account.
- **Password Manager:** Use one to create, store, and autofill passwords.

### Software Updates

- **Why:** Essential for device security and functionality.
- **Include:** Bug fixes, security patches, feature enhancements.

#### Risks of Delaying:

- Vulnerability to cyber threats.
- Potential data breaches.
- Operational inefficiencies.

## CYBERSECURITY ESSENTIALS: QUICK DO'S & DON'TS

### DO

- ✓ Use unique, long passwords.
- ✓ Change default machine passwords.
- ✓ Use a password manager.
- ✓ Enable MFA on all critical systems.
- ✓ Use authenticator apps.
- ✓ Keep codes private.
- ✓ Keep PCs, servers, and equipment updated.
- ✓ Test updates before full rollout.
- ✓ Verify senders and links.
- ✓ Report suspicious emails.
- ✓ Participate in phishing tests.

### DON'T

- ✗ Reuse passwords.
- ✗ Use obvious/default passwords.
- ✗ Write passwords down.
- ✗ Share codes.
- ✗ Skip MFA setup.
- ✗ Rely on passwords alone.
- ✗ Ignore updates.
- ✗ Skip OT updates without validation.
- ✗ Click unknown links or attachments.
- ✗ Forward suspicious emails.
- ✗ Trust emails blindly.

[Want to practice catching phishing emails? Click Here](#)

